

# Kinsight's COVID-19 Response for Families & Caregivers

Kinsight is dedicated to doing everything we can to meet the needs of families, caregivers, and people we serve during this time. That means adjusting our support responses in keeping with the times; more phone calls, emails, virtual meetings, no group services and support for adults offered in and from their homes. It also means adding some new support responses to meet your COVID-19 specific needs.

## ❑ Groceries & Supplies Delivered

If you *cannot* leave your home to purchase groceries and supplies and you are experiencing financial hardship: Our COVID-19 Community Outreach Team can deliver grocery and supply boxes to your home.

## ❑ Gift Cards for Groceries & Supplies

If you *can* leave your home to grocery shop, or if you have someone who can shop for you, and you are experiencing financial hardship: Our COVID-19 Community Outreach Team can deliver a gift card for you to use for groceries and supplies.

## ❑ Activity Kits

If you have children, youth, teens or adults at home, and you're running out of ideas and activities to keep them engaged and stimulated: Your Kinsight contact can offer you a menu of Activity Kits to choose from and our COVID Community Outreach Team can deliver the Kits to your home.

## ❑ Online Connections & Learning

You can go to a special website created by our partner group – InWithForward, BACI, posAbilities and Kinsight – to participate in an array of virtual learning and social opportunities each week. Check it out at [CoMakeDo.ca](https://www.comakedo.ca).

If you would like to access these supports, please reach out to your Kinsight contact person. Be sure to mention your need to them the next time they give you a call.

And, if any of you are doing super well on all fronts and would like to help out others who might not be doing so well at the moment, we welcome your contributions to our efforts. Please let your Kinsight contact person know how you'd like to pitch in.

***We're in this together, and together we'll make it through.***

**Kinsight.org**

**Kinsight**

Everyone's welcome.  
Everyone belongs. Everywhere.