

Celebrating 65 years of...

65

YEARS

Kinsight>

Family

Family can be experienced in many ways. The “Kin” in Kinsight is a play on family – whether that be family of origin, extended family, or people we think of as family. A sense of family can come through connections to our neighbours, neighbourhoods and our community.

The “sight” in Kinsight is an acknowledgement of the vision of families of children with developmental delays and disabilities who came together decades ago to form our organization. They wanted more for their children, their families and their neighbourhoods.

Kinsight’s work today, and every day, is inspired by the vision and wisdom of the families who founded

our organization and the thousands who followed. Family members like Robert and Pauline Mowat who placed an ad in the *Columbian* newspaper of New Westminster in 1953, inviting other family members to their home.

Our name, “Kinsight” pays tribute to the families who founded our organization, and it underscores our vision for the future. Those families, their extended families, and the communities around them collectively are our Kin. Together, we are all connected through a shared vision to create a world where **Everyone’s welcome. Everyone belongs. Everywhere.**



1954

Society is founded by families, registers as a non-profit and opens a school



1964

Infant Development Program launches and becomes part of the provincial system in 1975



1975

Society provides its first rental housing



1978

Society co-founds Polaris, a federally-funded job placement program for adults with developmental delays

Learn more about our historical milestones at Kinsight.org!

Celebrating 65 years of...

Community

Community is at the heart of everything we do at Kinsight. For us, it extends beyond neighbourhoods and includes people and organizations with a shared sense of belonging and vision for the future. Belonging is central to the key values of Kinsight, and one of the things we most value is people who value others — people who see, create, and are open to new ideas about ways to share their interests and activities with others.

We see our community as rich with opportunities for people to share their lives. We've witnessed the development and strength of community connections over the years through relationships with people of all ages, backgrounds, interests and abilities across all settings, in every corner of our neighbourhoods. Our community includes families, children, youth, adults and seniors. It includes friends and neighbours, fellow students, employers, teachers, people at our community recreation centres, on sports teams and in clubs.

Our community includes other service providers with shared values. They are people who come together to share resources and ideas, who take risks, who seek to understand, to learn and to grow in their ability to better serve their community.

Kinsight's roots are deep and our dreams are big. We believe that community can come together to ensure our neighbourhoods continue to be built on a foundation that welcomes, includes and values people of all abilities.



The original St. Andrew's United Church on the site of the Springs development that includes the Tri-Cities Children's Centre (rendering below).

Tri-Cities Children's Centre Underway

The Tri-Cities Children's Centre, a project envisioned more than 15 years ago, is under construction! Slated to open in 2021, the Children's Centre will feature more than 22,000 square feet of space, designed with families in mind.

A collaboration between Kinsight and SHARE Family & Community Services, the Children's Centre will bring together the professionals, equipment and support needed to ensure children reach their full potential.

The Children's Centre is part of a larger development, called The Springs, in Port Moody. The Centre will be a welcoming space for families from Coquitlam, Port Coquitlam, Port Moody, Belcarra and Anmore and will complement Kinsight's existing Children's Centre in New Westminster. Learn more: TCChildrensCentre.org.

LIFE Pilot Launched

Kinsight is excited to be one of five agencies across the province to pilot a new community-based service called LIFE, which stands for Learning, Inclusion, Friendship and Employment.

The program features personalized supports for people interested in employment, who also want to connect to their community, pursue life-long learning, and build meaningful relationships. LIFE focuses on helping people develop confidence and independence in community, and strengthen their informal supports.

Throughout the rest of 2019, Kinsight will continue to work with participating adults, their families and LIFE Guides to test the program and customize it for future use.

Innovation

Families and individuals inspire us and push us for greater change. Their desire for something better, something different, is why our organization was formed 65 years ago. Today, we continue to actively seek out and develop innovative programs and opportunities.

We've partnered with housing developers such as Catalyst Community Developments Society and Marcon, who are committed to accessible and affordable housing that is inclusive. We've joined with posAbilities, Burnaby Association for Community Inclusion (BACI) and Inclusion Powell River to create the Building Caring Communities initiative. And we've teamed up with posAbilities, BACI and InWithForward — an international service design firm — to develop new options such as Kudoz (Kudoz.ca) and Real Talk (Real-Talk.org).

We've also partnered locally, with St. Andrew's-IOCO United Church, pooling our assets to deliver new services to community. We are leveraging those

assets, to include our work with SHARE Family & Community Services to build the Tri-Cities Children's Centre, a child development hub.

These partnerships broaden our reach, and like all meaningful relationships, they require investment, risk and trust. This past year, we extended even further, to learn from families and service providers in Australia, New Zealand and Finland and to bring Pictability and Now and Next to Canada. We've also joined four other organizations in BC to pilot the LIFE initiative.

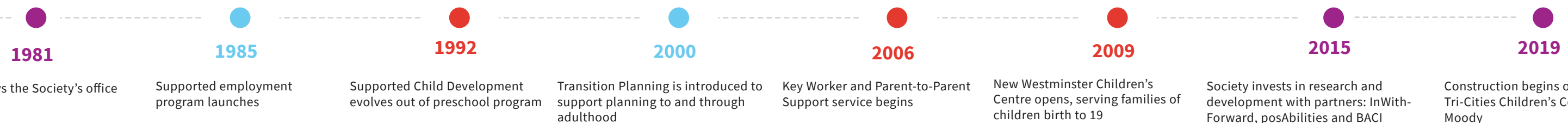
Like the families who came together in the early 1950s, we're committed to building healthy, vibrant communities that welcome all people.

Kinsight Brings Now & Next To Canada

Nearly 20 family members participated in an innovative, new program called "Now and Next." The initiative was created in Australia and is available for the first time in Canada, through Kinsight.

Developed to help families build skills and leadership, Now and Next is designed to be run by parents, for parents. The first cohort of parents completed the four-part training program in the spring, and will use the strategies they learned with their families. Some participants may go on to become Now and Next parent facilitators.

Kinsight will continue working with Now and Next creators to engage more families in the leadership program and to build an international network of support. Learn more at Kinsight.org.



2018-19 Annual Report



A Message from the Chair & CEO

Our 65th anniversary gives us reason to reflect on our past, our present and our future. We are proud of our history and the wisdom we have gained through experience.

For more than six decades, we have stood shoulder-to-shoulder with families to effect change: to shift the norm from isolation to inclusion. We have had lots of wins to celebrate, and we are inspired by new opportunities to benefit the generations to come.

2018-19 was a year of building our foundation for the future. We launched a number of innovative programs such as LIFE, began pre-construction on the Tri-Cities Children's Centre, and established a new strategic plan that will guide us through 2023.

Our strategic plan focuses on five themes: **Engagement, Leadership, Planning & Transition, Holistic & Flexible Services, and Efficient & Effective Business Practices.**

These broad categories represent a wide range of objectives – all designed to further our vision of **“Everyone’s Welcome. Everyone Belongs. Everywhere.”** The families we work with, our partners, funders and supporters can have confidence that we have set out a plan to further build inclusive communities and provide collaborative, customized services for people throughout all stages of life and work. To support our efforts, we are strengthening our business systems and supports – from technology to reporting to recruitment.

September 24th marks our official anniversary, and we thank the generations of people who have inspired our work. Your dedication has positioned Kinsight to continue to build healthy and inclusive communities for decades to come.

Winston Cummins, Chair, Board of Directors
Christine Scott, Chief Executive Officer

Board of Directors

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Past President

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Ryan Pearce

Linda Weinberg

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Directors

Marcella Baldwin

Grace Bergman

Tammy Chesman

Shannon Henderson

Erin Nicholas

Eric Young

2018-2019 Annual Report

People Served

Children's Services

| | |
|-------------------------------------|-----|
| Infant Development | 480 |
| Supported Child Development | 649 |
| Key Worker/Parent-to-Parent Support | 156 |
| Early Intervention Therapy | 177 |
| School Age Therapy | 122 |
| Youth | 60 |
| Family & Individual Support | 63 |
| Transition Planning | 125 |

Total: 1832

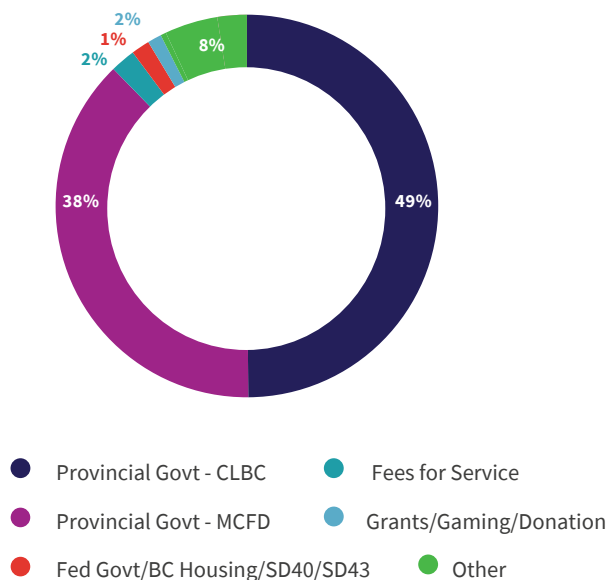
Adult Services

| | |
|-----------------------|----|
| Employment Services | 36 |
| Community Inclusion | 88 |
| Housing | 84 |
| Community Outreach | 14 |
| Skill Development | 11 |
| Community Connections | 6 |

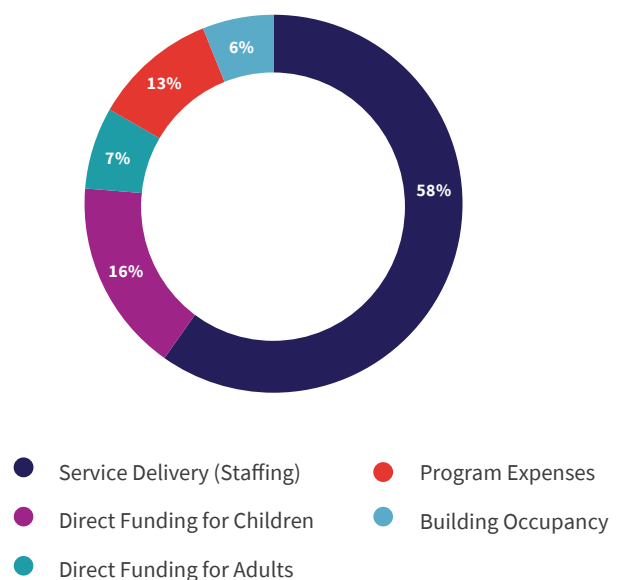
Total: 239

Finances

Revenues: \$16,108,613 (audited)*



Expenditures: \$15,143,468 (audited)



* Proceeds on sale of property to be reinvested in facilities / housing.

Our Funders

We are grateful for the support and financial assistance of the Province of British Columbia and others, including:



Ministry of
Children and Family
Development



United Way
Lower Mainland



New
Westminster
Schools



vancouver
foundation



Employment and
Social Development Canada



Vancity
Community Foundation



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Programs & Services

Children, Youth & Families

Infant Development

Consultants work alongside families of children, birth to 3, through home visits and community play groups to develop and implement strategies promoting growth and development.

Supported Child Development

For children up to 12 years with extra support needs in preschool and childcare, and youth 13-19 who require support in their home. Consultants work with children, youth and their families together with childcare and preschool programs to promote development and inclusion.

Key Worker & Parent-to-Parent Support

Key Workers assist families in understanding the unique developmental needs of children and youth who may have Fetal Alcohol Spectrum Disorder or a brain injury that results in similar neuro-developmental needs. We also provide information to other community professionals to assist them to support and include children and their families.

Early Intervention Therapy

Through our partnership with SHARE Family & Community Services, we work with children, their families and other service providers in New Westminster to help children participate in everyday activities. We also help families to access therapy in the Tri-Cities. Early Intervention Therapists support children to develop a range of skills and abilities – from strength and balance to language and self-care.

School Age Therapy

Together with SHARE, services are delivered in collaboration with families and school based teams in New Westminster to support the development and implementation of Individual Education Plans (IEP's).

Family & Individual Support

We work together with families on an individual or group basis to seek information, answer their questions and identify their priorities. We offer home visits, networking sessions, support for meetings, workshops, and referrals to community and professional services.

Youth Services

Youth Leadership Council advocates on behalf of youth, giving voice to young people's dreams and aspirations as they enter into adulthood and make an impact in their communities. Additionally, we offer summer youth programs for ages 12-15 and 16-21 that feature community based activities and events.

Transition Planning

Working with families and youth beginning at approximately age 15, we support the transition to and throughout adulthood. People are supported to receive information, access referrals and to connect with other families, youth and adults served.

Adults

Employment Services

Our employment services team works with employees and employers to support onsite training and job coaching, accessibility and accommodations, and effective workplace relationships. Our goal is to help youth and adults obtain meaningful, paid employment, which can expand social networks, increase independence and economic well-being.

Community Inclusion

We seek out and facilitate opportunities for people to fully participate in and contribute to their communities. The program helps people to explore and engage in activities where they can share their skills and interests, volunteer, prepare for employment, and make new social connections.

Community Connections

Community Connectors help people find welcoming places in community, where they can discover new passions and interests, and build relationships with people who share their interests. Connectors also assist people to learn skills and build confidence to help them to organize and lead community interest groups and gatherings.

Housing

We offer people choices in a variety of living environments. Depending on individual needs and preferences, support ranges from a few hours a week to 24 hours a day.

Shared Living: living in a home with a family or another person who shares their daily life and interests. This model encourages personal relationships, connection to the community, and well-being

Semi-independent living: people living in their own home, as independently as possible, with varied levels and schedules of support

Staffed homes: living in a home with one to three roommates, with ongoing support

Community Outreach

We assist people living in the community to maintain and increase their independence, keep up their homes and engage in daily living activities.

Skill Development

We offer time-limited, goal-oriented support in the development of new skills to support learning. Examples of practical skill development includes taking transit, preparing meals, or helping people explore options in their community.



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 [Kinsight.org](https://kinsight.org)

 [Kinsight Society](#)