



# Kinsight

## 2022 - 2023 Annual Report

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 Kinsight Society

# 2022 - 2023 Message from the Chair + CEO

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Last year served as a welcomed restart in many ways. For the first time in recent history, we were able to cast our line of sight out further than a few weeks or months -- and it felt good!

Over the previous few years, we had grown accustomed to operating in response mode. Like many other organizations, we tuned into regular pandemic updates from B.C.'s Provincial Health Officer and quickly adapted our plans to address the continually changing needs. Ensuring the health and well-being of our staff and people served was our number one priority, and almost everything else took a backseat.

That made this year's strategic planning process even more meaningful. It was refreshing to look five years into the future and map out collaborative ways to foster greater belonging, inclusion and welcoming communities. And, it was particularly rewarding to engage so many partners, families, people served, community members and staff in the planning process.

We are finalizing our strategic plan, and as we do so, we will reflect on the feedback received from our 2022 accreditation survey. The accreditation process allows organizations like ours to have their practices reviewed against national and international standards of practice, and afterward, surveyors share detailed and valuable feedback. We are proud to have achieved a three-year accreditation designation, and we will use the survey findings to build on our strengths and address opportunities for ongoing development.

While much of the year's focus has been on setting a solid foundation to guide us through 2028, we also found time to celebrate. In July 2022, we marked the grand opening of the Tri-Cities Children's Centre, a welcoming space where families can access child development professionals, services,



and specialized equipment – under one roof. The evolution of the Children's Centre, part of The Springs development, has graced the pages of our annual reports for many years. It was a significant, long-term undertaking, and was worth the wait!

With the Children's Centre operational and our strategic directions set, we are well positioned to strengthen delivery of our core services and supports. Your insights and ideas have been invaluable. Among other things, you told us to continue to focus on our vision and to honour our roots. That feedback will dovetail nicely as we look to 2024 – our 70th anniversary (more on that later)!

For now, we say thank you. Your collaboration and support have helped us shape our priorities on behalf of the children, youth, adults and families we support. We are eager to work alongside all of you to create a world **where everyone's welcome, everyone belongs, everywhere!**

**Shannon Henderson,**  
Chair, Board of Directors

**Christine Scott,**  
Chief Executive Officer

## Board of Directors

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**Chair:** Shannon Henderson

**Vice Chair:** Linda Weinberg

**Secretary & Past Chair:** Winston Cummins

**Treasurer:** Bob Kashyap

**Directors** Chris Carter  
Tammy Chesman  
Sue Corrigan  
Soheila Ghodsiye

Erin Nicholas  
Ryan Pearce



# 2022 - 2023

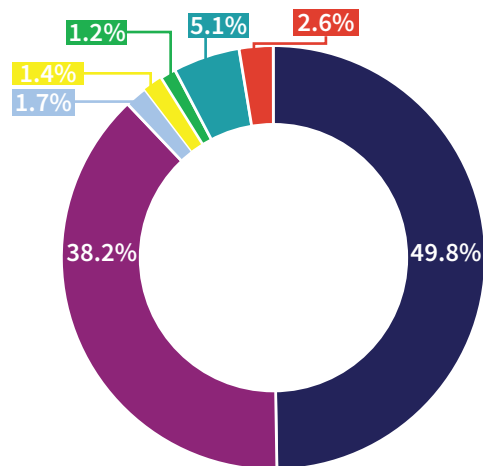
## People Served

Children, Youth & Families	
Infant Development	433
Supported Child Development	783
Early Intervention Therapy	285
School Aged Therapy	249
Key Worker & Parent-to-Parent Support	149
Family & Individual Support	62
Transition	198

Adults	
Housing	53
Shared Living	41
Outreach	20
Skill Development	5
LIFE	14
Community Inclusion	70
Employment	20

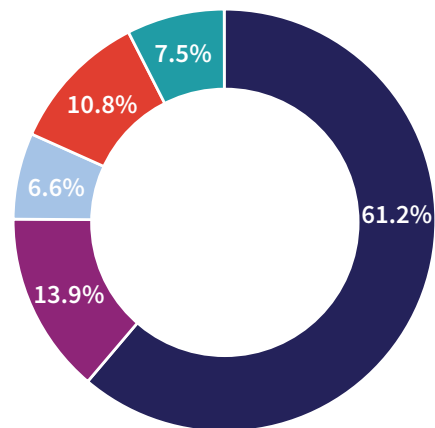
## Finances

Revenues: \$19,872,915 (audited)



- Provincial Govt - CLBC
- Provincial Govt - MCFD
- Fees for Service
- Fed Govt/BC Housing/SD40/SD43
- Grants/Gaming/Donations
- Gain on Disposal of Land & Building
- Other

Expenditures: \$19,342,631 (audited)



- Service Delivery (staffing)
- Direct Support Funding for Children
- Direct Support Funding for Adults
- Program Expenses
- Building Occupancy

## Funders

We are grateful for the support and financial assistance of the Province of British Columbia and others, including:



# Programs & Services

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## Children, Youth & Families

### Infant Development

Consultants work alongside families of children, birth to 3, through home visits and community play groups to develop and implement strategies promoting growth and development.

### Supported Child Development

For children up to 12 years with extra support needs in preschool and childcare, and youth 13-19 who require support in their home. Consultants work with children, youth and their families together with childcare and preschool programs to promote development and inclusion.

### Key Worker & Parent-to-Parent Support

Key Workers assist families in understanding the unique developmental needs of children and youth who may have Fetal Alcohol Spectrum Disorder or a brain injury that results in similar neuro-developmental needs. We also provide information to other community professionals to assist them to support and include children and their families.

### Early Intervention Therapy

Through our partnership with SHARE Family & Community Services, we work with children, their families and other service providers in New Westminster to help children participate in everyday activities. We also help families to access therapy in the Tri-Cities. Early Intervention Therapists support children to develop a range of skills and abilities – from strength and balance to language and self-care.

### School Aged Therapy

Together with SHARE, services are delivered in collaboration with families and school based teams in New Westminster to support the development and implementation of Individual Education Plans (IEP's).

### Family & Individual Support

We work together with families on an individual or group basis to seek information, answer their questions and identify their priorities. We offer home visits, networking sessions, support for meetings, workshops, and referrals to community and professional services.

### Youth Services

The Youth Leadership Group advocates on behalf of youth, giving voice to young people's dreams and aspirations as they enter into adulthood and make an impact in their communities. Additionally, we offer summer youth programs for ages 13 to 19 that feature community-based activities and events.

### Transition Planning

Working with families and youth beginning at approximately age 15, we support the transition to and throughout adulthood. People are supported to receive information, access referrals and to connect with other families, youth and adults served.

## Adult Services

### Employment Services

Our employment services team works with employees and employers to support onsite training and job coaching, accessibility and accommodations, and effective workplace relationships. Our goal is to help youth and adults obtain meaningful, paid employment, which can expand social networks and increase independence and economic well-being.

### Community Inclusion

Community Inclusion supports people to explore, select and engage in meaningful experiences. Weekly experiences focus on learning and trying new things, encouraging community connections and contribution, and building friendships.

### Community Connections

Community Connectors help people find welcoming places in community, where they can discover new passions and interests, and build relationships with people who share their interests. Connectors also assist people to learn skills and build confidence to help them to organize and lead community interest groups and gatherings.

### L.I.F.E.

LIFE offers supports for people interested in employment and who want to connect to their community, pursue lifelong learning, and build meaningful relationships. LIFE is driven by strengths, rights and choices of people, and it occurs where the goals and life aspirations of the participant are best met. It's a flexible service that offers varying levels of support over time.

### Housing

We offer people choices in a variety of living environments. Depending on individual needs and preferences, support ranges from a few hours a week to 24 hours a day.

**Shared Living:** people living in a home with a family or another person who shares their daily life and interests. This model encourages personal relationships, connection to the community, and well-being.

**Supported Living:** people living in their own home, as independently as possible, with varying levels of support based upon the person's needs.

**Staffed Homes:** living in a home with one to three roommates, with ongoing support.

### Community Outreach

We assist people living in the community to maintain and increase their independence, keep up their homes and engage in daily living activities.

### Skill Development

We offer time-limited, goal-oriented support in the development of new skills to support learning. Examples of practical skill development includes taking transit, preparing meals, or helping people explore options in their community.