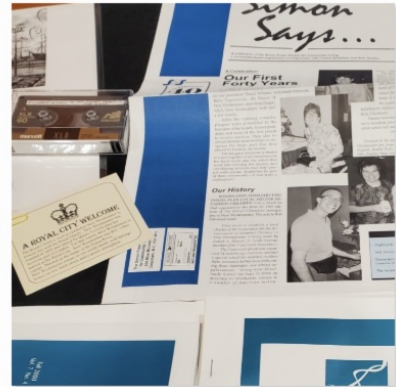




Kinsight Connections

Kinsight Family & Friends Newsletter - Winter 2025



Heart-felt messages from time capsule inside 25-year-old New Westminster sculpture

On February 14th, more than 400 people turned out to witness the opening of a time capsule placed in the heart of the 32-foot Tin Soldier located at the New Westminster Quay.

The sculpture was created 25 years ago by the Sheet Metal Workers International Association and the BC Sheet Metal Association. It was originally unveiled in November of 2000 at the Festival of Trees Fundraising event, sponsored by Kinsight (formerly Simon Fraser Society for Community Living). Kinsight gifted the tin soldier to the City of New Westminster in 2011.

During last month's celebration, contents of the time capsule were shared including historical newsletters and materials from Kinsight, as well as other mementos and messages of hope written by business leaders, a second-grade class, and community residents. Author Tiffaney Stone read aloud her book, "Tall Tale: The True Story of the World's Largest Tin Soldier."

The ceremony featured the work of Kwantlen artist Brandon Gabriel and Savage Production Society artist Pablo Munoz, who reimagined the sculpture with an art projection creating "The Worlds Largest Coast Salish Welcome Figure."

"It was a powerful visual transformation," notes Cathy Anthony, Kinsight's Community Engagement Coordinator, who spoke at the ceremony. "The event was an important reminder that the soldier's gold heart is meant to carry messages that spread kindness to all people."

Pictured in centre photo above, left to right: Cathy Anthony and Tiffaney Stone.

Now & Next: April family leadership workshops



The spring series of Now & Next for families will be held over four Thursday evenings, from April 3-24, at the Springs in Port Moody.

Now & Next is a positive and playful approach to planning that brings families together in a fun and collaborative environment. With guidance from facilitators who are also parents of children with delays or disabilities, you'll engage with creative, interactive materials that help you move toward the future you envision for your child, your family and yourself. Read more and register now.

[Read More](#)

Ready Set Learn: Making connections in community

A graphic with a purple-to-blue gradient background. The text "Ready, Set, Learn!" is written in a white, serif font, stacked in three lines.

Kinsight is pleased to partner with School District 43 and other community organizations to offer "Ready, Set, Learn" in schools this spring. The free program helps families make connections with others in the community, including people with information about child development and community resources. Join us for fun early learning activities, such as drumming circles and storytelling.

[Read More](#)

Life and a Place to Call Home Employment: Thinking about a job?

Join us on Saturday, April 5, for an interactive session entitled "Employment: Thinking about getting a job?"



The April workshop is the latest in our "Life and a Place to Call Home" series, designed for parents, caregivers, youth and young adults. The session will focus on preparation, readiness, and supports to help young people who are considering employment.

The workshop will be held from 10 a.m. to 2 p.m., Saturday, April 5, at the Springs in Port Moody (Inlet United Church). Read more and register now.

Mark your calendars for the next session on housing on Saturday, May 3.

[Read More](#)

Help us help you: Satisfaction survey headed your way



Watch your inbox for Kinsight's program satisfaction surveys. The annual surveys are an important tool for us to determine how well our programs and services are meeting your needs and to find out more about the supports you are looking for in the future.

The surveys will be sent to families, people served, and community partners starting in March. Your feedback is invaluable in shaping our programs and priorities, both now and in the years ahead. Please take a few moments to complete the survey when it arrives.



Cultivate Kindness: Kinsight staff donned pink and stood proud on February 26th for Pink Shirt Day. This year's theme: **Let Kindness Grow**. Pink Shirt Day is held annually around the world as a stand against bullying. Thank you to everyone who took part to help spread kindness.

You are receiving this quarterly newsletter because you/your family has participated in or supported Kinsight in the past.

We respectfully acknowledge that the work of Kinsight is carried out on the Coast Salish ancestral traditional and unceded territories of the k'w'ik'w'əłəm (Kwkwetlem), səliłwətał (Tsleil-Waututh), x'w'məθk'wəyəm (Musqueam), Sk'wxwú7mesh (Squamish), q'icəy (Katzie), q'w'a:n̓ ɬ'ən̓ (Kwantlen), qiqéyt (Qayqayt), and Stó:lō (Sto:lo) Peoples.



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