



Kinsight Connections

Kinsight Family & Friends Newsletter - Summer 2025

Join Us this Fall: Now & Next Parent Quest



This fall, Kinsight is offering the inaugural Now & Next Parent Quest program. Parent Quest empowers parents and caregivers of youth and young adults with extra support needs to navigate challenges, advocate effectively, and plan confidently for their children's futures. Build your confidence as a parent by identifying your strengths and implement proven strategies that have helped other families around the world.

We are excited to share that the sessions will be led by fellow parent and Now & Next co-creator Dr. Annick Janson. [Click here](#) to watch parent testimonies from the Parent Quest offering in New Zealand. To register, click the button below.

The program, offered free-of-charge, will be held over two sessions, with an optional session held online.

When

Session 1: Saturday, October 25th, 10 a.m. - 2 p.m. (lunch provided)

Session 2: Saturday, November 1st, 10 a.m. - 2 p.m. (lunch provided)

Optional Online Session: Tuesday, October 28th, 7 - 8 p.m.

Where

The Springs: Inlet United Church, 2315 Spring Street, Port Moody

For more information, contact Gareth at gwilliams@kinsight.org

[Register](#)

Meet our New Directors

In August, Kinsight welcomed two new Directors for Adult Services and Family,

Children and Youth Services. The new Directors will be instrumental in ensuring our teams and the people we serve are supported as we grow and evolve our programs and services.

Please join us in welcoming **Deana Kanagasingam**, Director of Family, Children, and Youth Services (pictured left), and **Nicole Allen**, Director of Adult Services (pictured right).



[Read More](#)

Sibling Group is Back

We invite you to join us for the relaunch of Kinsight's Sibling Group!



Sibling Group gives children and youth a chance to connect with others who understand what it's like to have a sibling with extra support needs. It's a space to share stories, build friendships, and enjoy time together in a fun and supportive environment.

We are pleased to offer the Sibling Group monthly at the Kinsight office in New Westminster (ages 8-13) and at the Tri-Cities Children's Centre (ages 9-14). Click the buttons below to register.

[Register \(Tri-Cities\)](#)

[Register \(New West\)](#)

World Premiere: *A Place Where I Belong*

Mark your calendars for the upcoming premiere of ***A Place Where I Belong***, a powerful new documentary directed by Rheanna Toy that follows six 2SLGBTQIA+ individuals with intellectual and/or developmental disabilities as they navigate identity, love, and belonging through the groundbreaking **Connecting Queer Communities** (CQC) program.

Screening:

September 14th at 2:30 p.m.

International Village Cinemas, Vancouver

Buy tickets [here](#)

Along with posAbilities and BACI, Kinsight is proud to be an Executive Producer of this film.



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More

Follow Kinsight on Instagram



Kinsight is now on Instagram! Follow us [@KinsightSociety](#) to stay updated on events, programs, and more.

This is another way for us to stay in touch, celebrate the work we're doing together, and grow our community of support.

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Us



Over 1,300 visitors: Summer Events Success

From Ribfest and Car-Free Day in Port Moody to Pride in Coquitlam and New Westminster, Kinsight had a great time out in the community this summer. Our sensory friendly spaces were a hit, providing a quiet area for families and

individuals to take a break, enjoy activities, and connect with Kinsight staff. Families were grateful for the cool, calm space, and the variety of crafts and games available for children of all ages.

Between all our summer events, the Kinsight tent received over 1,300 visitors! Join us for our last event of the summer - Anmore's **Ma Murray Day** at Dr. Hal Weinberg Spirit Park on September 14th.

KEA Wears Red for International FASD Day



September 9th was International FASD (Fetal Alcohol Spectrum Disorder) Day. Kinsight Key Workers joined Spirit of the Children at Hyack Square in New Westminster to help raise awareness about FASD and break the stigma.

The Kinsight Experiences & Adventures (KEA) team proudly wore red shoes to mark the day. Red shoes are a symbol first popularized by self-advocate RJ Formanek. Red is a colour that stands out, sparks conversation, and draws attention. It makes visible a disorder that is largely invisible.

To read the story behind the red shoes, [click here](#).

You are receiving this quarterly newsletter because you/your family has participated in or supported Kinsight in the past.

We respectfully acknowledge that the work of Kinsight is carried out on the Coast Salish ancestral traditional and unceded territories of the kʷikwə́ləm (Kwkwetlem), səliwətał (Tsleil-Waututh), xʷməθkʷə́yəm (Musqueam), Skwxwú7mesh (Squamish), q̓íçəy̓ (Katzie), q̓ʷa:n̓ ʔə́n̓ (Kwantlen), qiqéyt (Qayqayt), and Stó:lō (Sto:lo) Peoples.



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